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Seeing the humble and pitiable position of the extra month, Lord Vishnu became very merciful towards her. Hearing the request made by these sages, headed by Saunaka rishi, Sri Suta began to speak, "O sages, please listen to me. It is as a perfect Brahma Rishi that Sant Shri Asaramji Bapu is said to be the ideal man & a True Yogi of Shrimad Bhagavad Gita for modern age. Such a one is called a Satguru, a True Yogi, as in one who has gained mastery over the mind. Every two (sometimes three) years in Vedik Sidereal astrology there is a time compensation month added to correct, and adjust the time movements. Purushottama Sri Krishna said, "Oh Vishnu, a True Yogi, as in one who has gained mastery over the mind. Every two (sometimes three) years in Vedik Sidereal astrology there is a time compensation month added to correct, and adjust the time movements. Purushottama Sri Krishna said, "Oh Vishnu, a True Yogi, as in one who has gained mastery over the mind. Every two (sometimes three) years in Vedik Sidereal astrology there is a time compensation month added to correct, and adjust the time movements. you have done a very great deed by bringing this extra month to Me. You will become even more famous for performing this act. Thus both the solar and the lunar years have gaps of 11 days, 1 hour, 31 minutes and 12 seconds. No one is in more miserable situation in these three worlds than I. If there is a temple nearby then perform puja of whatever deities are usually worshipped therein. continued to speak, "Oh sages! Lord Vishnu took his seat, and Lord Krishna spoke very confidential words to Him. Every one took this month. It is a fact that the solar year is made up of 365 days and about 06 minutes and the lunar year is made up of 354 days. A True Yogi Of Sreemad Bhagvad Gita In Sreemadh Bhagvad Gita Garudadhwaja," Lord Sri Krishna continued, "My Goloka is unattainable to the performers of austerities, mahatmas engaged in pious activities, to people who maintain celibacy, or to those who fast their whole life's duration. And being equal to Me, this month will be the master of all other months. According to the lunar year, there were only 12 months. ParamAtman is not seen as something apart, but as our very essence, the one True Self that resides in the heart of us all. There is a nice story about this. Giving in charity 4. There is a nice story about this. Giving in charity 4. There is a nice story about this. Giving in charity 4. There is a nice story about this. Himself and gave the name Purushottama Maas to this month. In a book called Purushottama Granth can be found many aspects of the special religious significance of this month. Though always working, such a man is never entangled. Seeing Lord Vishnu on His simhasana, she fell down at His lotus feet in a mood of sorrow and grief. All human beings should perform some devotional service in this Purushottama month by: 1. with folded hands, "O Holy sage Sutaji! We humbly request you to tell us something about the wonderful activities and pastimes of the Supreme Personality of Godhead. She is in Goloka Vrindavana, why is she crying?" Hearing these words form Lord Sri Krishna, Lord Vishnu got up from His seat and started explaining the miserable condition of the extra month. Because You have accepted this Malamasa, I will also accept her. This means that from one full moon, the moon must travel 2.2 extra days before it appears full. One meal at night is recommended. Naradji enquired, "O Lord, I have heard the glories of all months including Kartika, Chaitra, etc., but which month is this Purushottama month? Mal Maas (Adhik Maas) is the month for Vishnu puja. Astronomers have called this intercalary lunation as adhika month, and have asserted that this month is to be added to the lunar year. It appeared as if the Lord was going to destroy the whole universe, and so the Pandavas became fearful and all began to pray to the Lord in a humble mood. He begged Him to please protect his unprotected month. To their very good fortune the great sage Suta ., who had been traveling to different pilgrimage sites, arrived there along with his disciples. Just take this Purushottama month with You to Your Vaikuntha abode. They have all forgotten the ultimate goal of life. From ancient times up to the present day, an unbroken succession of Self-realized Yogis, Sages, Saints have incarnated in the Land of Yogis & Saints Bharata to lead seekers of Truth to the ultimate reality. Being so rejected by all human beings, and constantly hearing only bad words and blasphemy, the personality of this extra month became very sad. After enjoying a happy life, he will return back to Goloka Dhama. Astronomical & Astrological technicalities explained regarding origin of, and purpose of Adhika mase, and also symbolically what the Adhika represents. It is written in the Bhavishyottar Purana that Sri Krishna Himself has said regarding Adhik Maas Vrat that by carrying out the Vrat with the sole aim of worshipping God, through fasting, cleanliness, charity, puja etc. Immediately Sri Krishna asked, "Why is she crying? But when Dusasana had tried to strip Draupadi clothes, she was saved from such a dangerous situation by Lord Sri Krishna. Yada Yada hee Dharmasya glaneer bhavati Bharat Abhyusthanam Adharmasya Tadaatmanam Sreejamyaham Paritranaaya Sadhunaam Vinaashaya cha Dushkritaam Dharma Sansthapna arthaya Sambhavami Yuge Yuge Gita 4.7 & 8 Bhagvan Shri Krishna Says In Srimad Bhagvad Gita:- "Arjuna Whenever righteousness is on the decline, unrighteousness is in the scriptures, Hindu, Hindu Books, Hindu Gods & Goddesss, Hindu Calender, Indian Culture, Indian Religion, jaisiyaramji.wordpress.com, omshivam.wordpress.com, omshivashakti.wordpress.com, omshiram.blogspot.com omtattvamasi.blogspot.com, Religious significance, Rishi, Sages, Saints, shrikrishnagita, wordpress.com, Vedas | Tagged: health, healthy-living, mental-health, religious significance, Rishi, Sages, Saints, shrikrishnagita, wordpress.com, Vedas | Tagged: health, healthy-living, mental-health, religious significance, Rishi, Sages, Saints, shrikrishnagita, shrikrishnagita, shrikrishnagita, wordpress.com, Vedas | Tagged: health, healthy-living, mental-health, religious significance, Rishi, Sages, Saints, shrikrishnagita, shrikrishn auspicious activities. Goloka is the abode of Lord Sri Krishna. For our present discussions, these differences will not matter much and so we follow the Suryasiddhanta. Please don't be indifferent towards me." Saying these words, the extra month [adhik maas] continued crying in front of Lord Vishnu and sat down before Him in a dejected mood. Tears were falling profusely from her eyes. are being protected by You, and so they are always moving fearlessly in their unique charming moods. Adhik Maas The Puranas also sing high praises about Adhik Maas and indicate Puja, readings of scriptures etc. I first went to Puskara Tirtha, then after visiting thousands of other holy places, I reached Hastinapura. It is not proper to lament aftertaking shelter of My lotus feet." Being so consoled by the Lord, the extra month said, "Oh Lord, You know my painful condition. All the sages unanimously offered the Vyasasana to Sukadeva., who would speak Krishna katha to Pariksit Maharaja. Freedom from all limitations is the Vedantic criterion of perfection. This month is equally as powerful as Me to give any type of benediction to its observer. In this month the sun moves into Mesha rasi (Aries), and the new year begins according to many calanders. Keshava Vrata starts; for one month one should control the senses, sleep on the earth, bath twice daily in a river, worship the Lord and give cloth, sugar, sesame, rice, and gold to the brahmanas. At that time Draupadi was insulted by Dusasana in front of the whole royal assembly. It is written in the Bhavishyottar Purana that fasting or eating once a day should commence on the first day of the bright fortnight (Shukla Paksha) and end on the last day of the dark fortnight (Krishna Paksha) kayena manasa buddhya kevalair indriyair api yoginah karma kurvanti sangam tyaktvatma-suddhaye SBG 11 The yogis, abandoning attachment, act with body, mind, intelligence, and even with the senses, only for the purpose of purification. Seeing the miserable condition of the Pandavas, Sri Krishna became very upset, and at the same time He became very angry towards Duryodhana. Once upon a time, by the arrangement of providence, an extra month came to this world. The Supreme Sri Krishna of Goloka will deliver you from all your miseries, please come with Me." Then Lord Vishnu took Malamasa (the extra month) to Goloka by catching her by the hand. Such a fully illuminated soul is called a Rishi. This extra month is known by various names: Adhik Maas, Purushottam river Alakananda was flowing down from His lotus feet. "Oh Garudadhwaja," Lord Sri Krishna continued, "My Goloka is unattainable to the performers of austerities, mahatmas engaged in pious activities, to people who maintain celibacy, or to those who fast their whole life's duration. Therefore please explain something which will be helpful both for householders and sages in the renounced order like me, something that will help us attain self realization and return back to Godhead." Hearing the sweet words of Narada, Lord Narayana smiled. Now this month will become worshipable by one and all. I offer my obeisances unto You. Get up and come with Me to Goloka Vrindavana, which is even unattainable to great yogis. The astronomical parameters differ only slightly in different astronomical texts. I shall make this poor extra month just like Me in quality, fame opulence, realization, success, and in giving benediction to the devotees. This Vrat is to begin from the first day and ends on the last day of Adhik Maas. Having reached the Supreme Abode, Lord Vishnu met Lord Sri Krishna who was surrounded by many devoted gopis. merits are acquired which produce unfailing results and all sorts of calamities are overcome. This month is considered to be very auspicious (adhika = best or greatest), as Vishnu Himself appearing in a Calendrical Form to rectify our astrological and astronomical calculations. Perfection must be sought in the right place. But the 13th extra month was not assigned to any god. This creates a difference of 10 days, 21 hours, 44 minutes and 2.865 seconds, an adjustment is made with an extra month (Adhika Maas), which carries the name of the previous or the month. So now I will tell you about the glories of the sacred Purushottama month, which is fully potent to grant not only all material happiness but also qualify one to return back to Godhead at the end of life. So that the lunar and the solar years do not get out of step with days and seasons, the far-sighted Rishi-Munis calculated and facilitated Adhik Maas (extra month) and shown its importance. [Note: The moon takes about 27.3 days to make one complete orbit around the earth. There are lots of lovely stories connected with the special significance of this month. The ideal person according to Vedanta is one who after attaining liberation for himself strives for the liberation of others. Who should I worship? Many people read or listen to this book during Purushottama Maas (Adhik Maas). As this gap increases each year, it approximates in three years to one month. omshanti Oh Narada, this extra month then repeatedly said, "I want to die! I w with water and drip water over Tulasi and a Shalagrama Shila. As it is getting hot by this time of the year in the northern hemisphere it is pleasing for the Shaligram to receive cool waters dripped upon Him. First of all, all other months, years, days, nights, directions etc. "Oh Lord! In this material world all living entities are busily engaged in sense gratification. "Oh Janardana, now that she has imbued My qualities, I Myself will become the husband and protector of this Purushottama month. Worshipping Me the Atman, Sri Krishna, by chanting My holy name or any names ur fav deity or ur Guru mantra 2. According to this text, 1 Lunar year = 29.5305 X 12 = 354.366 days 1 Solar year = 365.2587 days. There on the bank of Ganges, I saw thousands of sages sitting together with Pariksit Maharaja. Each of the 12 months was assigned to 12 different gods. Sri Sutaji said, "O sages, I have just come from Hastinapura where I heard Srimad Bhagavatam from the lotus mouth of Sukadeva. This dazzling effulgence automatically forced Malamasa to close her eyes. The worshiper of this month will be able to burn all this past sinful reactions to ashes, and after enjoying a blissful life in the material realm, he will return back to Godhead. How should I take bath, give in charity, etc. Should I observe fasting in this month?" Please tell me everything in detail. How to do this? Then He made the extra month also offer her obeisances at the lotus feet of Lord Sri Krishna, even though she was crying loudly. Just as atomic sized contents within a seed produce a giant and long living Banyan tree, so in the same manner even a little charitable act done during Mal Maas (Adhik Maas) produces big results. I have been rejected and blasphemed by all people of the world. Once Sri Krishna, son of Devaki, visited the Pandavas in that forest. The sages present were very enlivened to see him. Offering ghee diya (lamp) daily A fortunate person who follows My instructions and observes this Purushottama month properly, and in a faithful way worships Me will attain fame, opulence and a good son in this very life. brahmany adhaya karmani sangam tyaktva karoti yah lipyate na sa papena padma-patram ivambhasa SBG 10 One who performs his duty without attachment, surrendering the results unto the Supreme God, is not affected by sinful action, as the lotus leaf is untouched by water. during Adhik Maas. But I [an extra month] don't have any name, nor any protector, nor a husband to give me shelter. Posted on August 24, 2012 by omshiva to ashram Once upon a time, thousands of sages came together in the holy place called Naimisaranya to perform sacrifice. Adhika (Purushottam) Maase Since the calendar is based on the phases of the Moon, the transits take 354 days, 8 hours and 34.28 seconds. In the southern hemisphere be careful not to overwater as we come out of Summer and into Autumn. Oh husband of Rama devi (Vishnu), give up all kinds of mental speculation about this extra month. You already know of all the activities of the Supreme Lord, but for the benefit of others, you are asking Me again. There are many thousands of such narrations, but we want to hear the most perfect one, by following which we can all be delivered from this Material Ocean and return back to Godhead. Now I will tell you about the all-attractive activities and pastimes of the Lord. Named after Me, this month will be famous as Purushottama month in this world. But one problem still remained. They felt enriched with a new life just by taking Sri Krishna's darshan. Adhik Maas (Mal Maas) felt sadness and approached Lord Vishnu: 'I am filled with anxiety and I have therefore come to seek your refuge and help.' Lord Vishnu took pity on him. As mentioned before, Mal Maas or Adhik Maas is also known as Purushottama Maas. Param Pujya Sant Shri Asaramji Bapu is the embodiment of this ancient Vedantic ideal of perfection. Please stop crying. She came to Vaikuntha to explain her sorrowful situation to the Lord. naiva kincit karomiti yukto manyeta tattva-vit pasyan srnvan sprsan jighrann asnan gacchan svapan svasan pralapan visrjan grhnann unmisan nimisann api indriyanindriyarthesu vartanta iti dharayan SBG 8-9 A person in the divine consciousness, although engaged in seeing, hearing, touching, smelling, eating, moving about, sleeping and breathing, always knows within himself that he actually does nothing at all. This is due to the curve of the earth's orbit around the sun. Thousands of years ago it was discovered in Ancient Dev Bhumi Bharata, that perfection could not be found in the external world, which is impermanent and full of contradictions. He told her, "Do not lament, I shall give you protection form all of your miseries. Once, long ago, Sri Narada Muni reached Badrika Ashram, the residence of Sri Narayana Rishi. carried out during this Maas (Adhik Maas), inevitably produce results. Sri Suta said, "O sages, after hearing all these questions form Narada, Lord Narayana began to speak from His moon-like lotus mouth, "O Narada, I will tell you something which was previously explained by Lord Sri Krishna to Maharaja Yudhisthira. There the doorkeeper paid his respects to Him. He is known as the Bramavit, knower of Brahman. The moon is still making one complete orbit (circle) in 27.3 days. Therefore, keeping the extra month behind Him, Lord Vishnu proceeded further until they reached the main gate. Because while speaking, evacuating, receiving, opening or closing his eyes, he always knows that only the material senses are engaged with their objects and that he is aloof from them. By following My instructions, everyone should worship this sacred month. According to ability, distribute to charities and do good deeds. Once Dharmaraja Yudhisthira lost everything-his empire, his palace and even his chaste wife Draupadi-to Duryodhana in a gambling match. Since then it is known as the Purushottama Maas and acquired greater significance than the other months. Here Lord Sri Krishna is in His two handed form, surrounded by gopis and is enjoying His eternal pastimes. By reading and listening, high merits are acquired. Just as a farmer produces a rich harvest by planting seeds in nicely cultivated land, so an intelligent man who practices devotional service towards the Supreme Lord in this Purushottama month will enjoy a blissful life while in this world and afterleaving his body he will return back to Godhead. He said, "O Narada, please listen to the narrations about the supremely pious pastimes of the Supreme Personality of Godhead, Sri Krishna, for they will diminish all sinful reaction. The earth and the moon in 27.3 days have moved as a system about 1/12 of the ways around the sun. What should I chant? Immutable Truth, unity of existence, boundless bliss, this is what is meant by perfection in Vedanta. When there are two Sankrantis within one month then it becomes the lunar year with one reduced month (11 months in the year Vasishtha) mentions that Adhik Maas or the extra lunar month occurs after every 32 months, 16 days and 8 Ghadis (a Ghadi is a period of 24 minutes and 60 Ghadis equal 24 hours). The earth orbits around the sun once every 365.2422 days (= earth's orbital speed of 29.79 km per second). But to line up with the earth and sun to become a full moon again it takes 29.531 days. Listening to the humble prayers of Arjuna, the Lord composed Himself and said, "Oh Arjuna, being very pleased with all of you Pandavas, and being controlled by your devotion and friendship towards Me, I will now tell you about the wonderful history of Purushottama month. Thus we arrive at a difference of 10.87 days a year between a lunar year and a solar year of 365.2422 days per year.] There many Religious significance of Adhik Maas in holy scriptures According to Devi Bhagavat that charitable and meritorious acts and fastings etc. Waking up during the hours of Brahma Muhurta (between 4 am and 6 am), after ablutions, place a murti of Radha-Krisha or Lakshmi-Narayana and perform Sodashopachara puja. Everyone should pay their obeisances to her, everyone should worship her. Narada paid his obeisances to Narayana and prayed, "Oh Lord of the demigods, Oh ocean of mercy! Oh master of creation, You are all truthful, the essence of all truths. All the Pandavas, including Draupadi, were very happy to see their Lord, and they forgot their painful forest life immediately. This month will become equally potent to Me. I am bestowing all of My divine qualities in this abused month. They paid their obeisances at their Lord's lotus feet. And after sometime she got up and began to speak again, "Oh Lord of the universe, I am in need of Your shelter, please protect me." Lord Vishnu told the extra month, "Oh child, please don't lament, your misery will be finished very soon. All the demigods and human beings have rejected me for any auspicious activities. In addition to singing and listening to the praises of the Lord (Vishnu), undertake Adhik Maas Vrat also. Lord Vishnu also said that acquisition of merits during other months through good deeds, japa, austerities etc can be acquired by japa, austerities etc. Please protect me; please show me Your mercy. Lord Vishnu husband of Ramadevi, paid His obeisances to Lord Sri Krishna. They all stood up immediately to pay their respects to the great sage, offered him a very nice Vyasasana, and requested him with folded hands to sit down on it. For this reason, oh Lord, I want to die immediately. Study of Srimad Bhagavatam and Bhagavatam and Bhagavatam and Bhagavatam and requested him with folded hands to sit down on it. particularly Chapter Fifteen, Purushottama Yoga 3. A person who is fully engaged in sense gratification and does not give any special importance to this sacred month becomes the best candidate for hell. Suspend a waterpot that has a small hole in it over Tulasi and over the Shaligram and allow to drip, some places they make a frame to facilitate this from 18th August to 16th September Filed under: Auspicious Time, Bhagvan Shri Krishna, Hindu Rituals, Hindu Scriptures, Holy Days of Hindu Calender, Religious significance, Uncategorized | Tagged: holy moth, purushottam Maas Page 2 Posted on April 11, 2012 by omshiva To Ashram "Vaishakh Krishna Paksha Shashti" the holy divine beautifull day The essence of Bharata lies in Her culture of Self-realization. "There is no one except You Lord Krishna, who can save this extra month from her hellish condition and give her full protection." Having said these words, Lord Vishnu remained standing in front of Lord Krishna with folded hands. Just as one should not touch stool, this month was also seen as untouchable. Each of the twelve months was assigned to 12 gods. What is the way to glorify this month at is the way to glorify this month? It is in the depths of consciousness, that perfection is to be sought. It is this total freedom that is the way to glorify this month? It is in the depths of consciousness, that perfection is to be sought. It is this total freedom that is the way to glorify this month? It is in the depths of consciousness, that perfection is to be sought. It is this total freedom that is the way to glorify this month? It is in the depths of consciousness, that perfection is to be sought. It is this total freedom that is the way to glorify this month? perfection, and the individual who has attained this freedom is the ideal of perfection. "An unfortunate ignorant man, who does not perform any japa, does not behave properly to brahmanas, makes enmity with others and who blasphemes the Purushottama month will go to hell for an unlimited period." Lord Sri Krishna continued, "How can a person make his life successful unless he performs devotional service in this Purushottama month? Just then the great sage Sukadeva appeared, and all the sages present paid him proper respect by rising from their seats with folded hands. She prayed to the Lord, "Oh ocean of mercy! I have come to You because I am helpless. 29.531 day Lunar month. What should I do in this month? Normally, seven extra months occur in 19 years. O ocean of mercy, please tell me all about this sacred month, yoga-yukto visuddhatma vijitatma jitendriyah sarva-bhutatma kurvann api na lipyate Sreenad Bhagvad Gita 5.7 One who works in devotion, who is a pure soul, and who controls his mind and senses, is dear to everyone, and everyone is dear to him. The recitation of Srimad Bhagavat Purana and of the Bhagavat Purana one. During the entire month of Mal Maas Vrat eat Sattvic food (vegetarian meals, milk, fruits, nuts, grains, vegetables). But just by observing Purushottama month and becoming a devotee one can easily cross over this material ocean and return back to Godhead Observance of this Purushottama month is the best of all austerities. After this incident, Yudhisthira Maharaja along with his brothers and wife left his kingdom and lived in Kamyavan, Vrindavan. Raising ourselves from ordinary individuals to the heights of Supreme Consciousness is only possible with the guidance of one who is already in that transcendent state. This is something similar to the western Leap Year.

